

**Human Behaviour (PSY 100)**

Credit Hours: 4

Instructor Name: Kanza Aijaz

Schedule: Monday to Friday (10:00 AM – 12:50 PM)

The purpose of this 4-credit course is to provide students an overview of the field of psychology, including a brief history of the discipline, research methods, biological bases, learning and cognition, emotion, personality, and motivation, mental health and disorder, and social and cultural aspects of behavior